

The Phyllis Siperstein Tamarisk Assisted Living Residence

Welcome to The Phyllis Siperstein Tamarisk Assisted Living Residence newsletter. This introductory newsletter is intended to highlight what makes Tamarisk stand out amongst other assisted living residences.

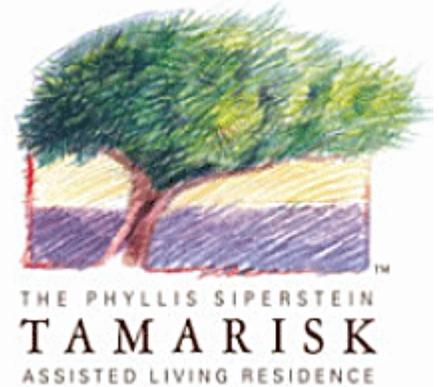
Like with everyone when the COVID-19 virus first emerged, the challenge for The Phyllis Siperstein Tamarisk Assisted Living Residence was figuring out how to keep our residents safe and staff feeling confident. Tamarisk's staff exemplified how they truly are heroes by taking such great care of our amazing seniors during this tumultuous time. The key to this success has been the power of communication.

Communication with resident family members brought them a sense of comfort. While it was hard at the beginning not visiting with their family members, residents knew they couldn't be any safer during this pandemic living at Tamarisk. Everyone received daily communication from our Executive Director regarding the guided restrictions. Our staff was educated even further about the proper protocol with keeping both themselves and the residents safe.

Tamarisk truly takes care of its residents, staff and families like they are our loved ones... because they are. We lean on each other in trying times and rejoice with all of our major accomplishments.

With 100% confidence we say, "Tamarisk is the place to be!" With our traditional assisted living, *Renaissance* memory support program, *Celebrations* adult day program and respite care, Tamarisk is where life is celebrated. Contact Susan Adler, Director of Marketing and Outreach at (401) 732-0037 or susana@tamariskri.org with any referrals or questions.

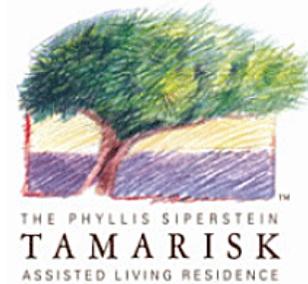
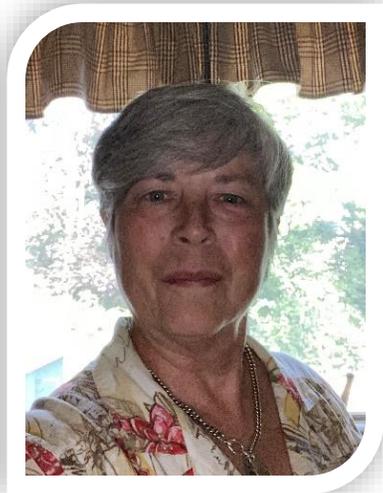
Call us for a tour! (401) 732-0037



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Message From Our Executive Director



Roberta Ragge, MS ALA Executive Director

At Tamarisk, we take pride in the personalized care and services we provide to our residents. We believe our philosophy is unique because we take the time to incorporate each resident's wealth of knowledge, experience, talents and desires to create a lifestyle plan that allows them to continue leading active and fulfilling lives. Our residents are involved in everything from health and wellness programs to the wide array of cultural, educational and recreational activities we offer. They are accomplished individuals and our programs are designed to reflect that. For those residents who wish to give back to others, we also have volunteer opportunities.

For over sixteen years Tamarisk has been recognized both locally and nationally for excellence in care and service provision. For all of these successes, I thank the managers and staff that continue to "raise the bar" to ensure that each resident receives the personalized service they deserve. I am so thrilled when residents share with me their satisfaction with the care our staff provides to them, "putting their wellbeing above all else."

I am humbled to have the opportunity to oversee such a remarkable community of residents and staff members. I am honored to grow older along with our residents and am excited by what each day brings as I share in their lives. Tamarisk is truly, "where life is celebrated!"

I hope I will have an opportunity chat with you in the near future to discuss the decisions you face and perhaps see how we may be able to help in your search for assisted living.

Sincerely,

Roberta Ragge, MS ALA
Executive Director

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Spotlight On Staff

Executive Chef Deb Blazer



Chef Deb tending to Tamarisk's Farm to Table Garden

Tamarisk is proud of the hard work and dedication of Executive Chef Deb Blazer and her entire team. When the Department of Health informed all assisted living residences to shut down their dining rooms, Deb Blazer sprang into action.

All residents were given menus to choose each meal from. Deb made sure that each meal had the same gourmet taste and presentation when it was brought up to their rooms. The residents in particular could not wait for the afternoon snacks to be delivered. From homemade ice cream sandwiches, fruit, vegetables and hummus, it was Deb's pleasure to spoil our residents each and every day. All vegetables are grown fresh in Tamarisk's Farm to Table Garden!

When the state allowed assisted living residences to open up their dining rooms, Deb was quick to act. She reconfigured the dining room to ensure that the tables and chairs adhered to the guidelines for social distancing during meal times. The staff was extensively trained on the new normal of serving meals.

The standout moment for the residents was on Mother's Day. Deb knew how this day would be particularly difficult for the residents not being able to be with their family members. As a result, Deb made a bouquet of flowers out of fruit. She delivered roses to the rooms and the special treat that afternoon was chocolate covered strawberries. Even the dad's that live at Tamarisk enjoyed them. The residents felt exceedingly special that day and Deb brought a smile to their faces.

We thank Deb Blazer and her team for making our residents feel like they are a vital part to our community. They never skipped a beat and our residents, staff and family members are forever grateful to this dedicated team.

Keeping EVERYONE Connected

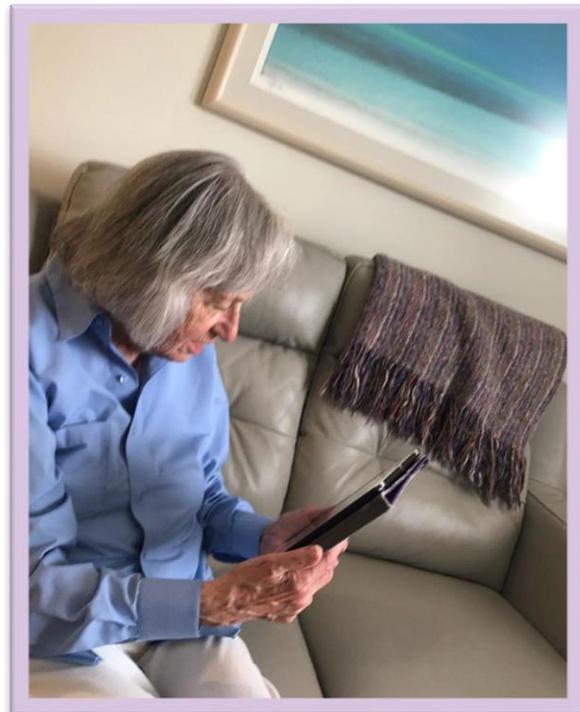
- Facetime, Zoom and Skype technology were not on the tip of the tongues of our residents at the beginning of 2020. A key component to being pro-active was educating them to the world of technology.

- With our pro-active approach keeping our residents and staff free of COVID-19, our wellness team adapted quickly and we entered into the new normal of telehealth visits. Our nursing team made sure that they provided all the necessary information to the physicians, ensuring they had a successful telehealth visit.

- A big thank you goes out to our activity team in both our traditional assisted living and *Renaissance* memory support program, as they helped to facilitate face to face visits with family members via social media. This gave a sense of comfort to both the residents and family members. Our activity team adapted programs via Facetime and Zoom such as daily exercise, discussion groups and Shabbat services.

- Activities such as exercise, hair dresser appointments, bingo, word search, mahjong, art class and much more are now happening with our residents following social distancing guidelines. Wearing masks and social distancing has become our new way of life over the last several months.

- Our residents have adapted to these changes as true champions. They truly are the greatest generation of all time!



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